



Beth A. Young
Chandler, IN 47610
IAND Board Application



(Term Year June 2026 - May 2027)

Education

What is your education background (Bachelors, Masters, PhD). What special certifications do you have?

Bachelors and Masters in Dietetics from Ball State University
Doctorate in Educational Leadership from University of Southern Indiana
Board Certified Specialist in Sports Dietetics – 2014- current

Current Job Position

Describe your current job description and how your role would contribute to a diverse IAND Board.

Academia- I have taught in higher education since 2012. Current position is Department Chair for the Food and Nutrition Department, Dietetics Program Director and Assistant Professor at the University of Southern Indiana

Clinical

Outpatient

Foodservice

Long Term Care

Private Practice

Fitness/Wellness

Community Nutrition

Renal/Dialysis

Prior Experience

Are there any special skills/qualifications you have acquired from employment, previous volunteer work, or through other activities that you want to highlight?

I have been an RD for 21 years and have work experience in clinical, long-term care, and worksite wellness settings prior to starting in higher education. I would close with dietetic students, student organizations, community volunteer activities and professional advocacy.

Involvement with the AND on a National, State or District/Region Level

Summarize your involvement and participation in AND activities.

Academy of Nutrition and Dietetics; member March 2000- current

- DNS: Dietitians in Nutrition Support; Dietetics Practice Group: October 2023- current
- SHPN: Sports and Human Performance Nutrition; Dietetic Practice Group: February 2021- current
- NDEP: Nutrition and Dietetic Educators and Preceptors; Dietetic Practice Group: May 2018- current
- Cardiovascular Health and Well-being; Dietetic Practice Group: February 2021- 2023
- SCAN: Sports, Cardiovascular and Wellness; Dietetic Practice Group: May 2011- 2021
- Community Nutrition; Dietetic Practice Group: May 2009- May 2011

American Sports and Performance Dietitians Association; member May 2025- current

Indiana Academy of Nutrition and Dietetics; member March 2000- current

Board of Directors, positions held:

- Diet Manual Committee member; August 2024- current
- Scholarship Committee member; August 2024- current
- Executive Board of Directors member; June 2015- June 2017
- Council on Professional Issues, (elected) June 2016- June 2017
- Council on Professional Issues, Chair-Elect (elected); June 2015- June 2016
- Community Practice Chair (appointed); June 2014- June 2015
- Sponsorship and Exhibits Chair (appointed); June 2012-June 2014
- Nominating Committee (elected); June 2012- June 2014
- Management Practice Chair (appointed); June 2011- June 2012
- Nominating Committee (elected); June 2007- June 2008
- Community Practice Chair (appointed); June 2006- June 2008

Southwest Indiana Academy of Nutrition and Dietetics; member January 2004- current

- Treasurer (elected); June 2022- June 2024
- Bylaws Committee Chair (appointed); June 2009- June 2010
- President (elected); June 2008- June 2009
- President-Elect (elected); June 2007- June 2008



Leadership Experience

Summarize any other leadership experiences that may benefit this position.

I have served on and/or chaired numerous college-level and university-level committees, as well as currently serving on the Board of Directors for Meals on Wheels Evansville since 2023.

Goals for the Position

What new ideas or goals do you have for this position? What do you bring to the IAND State Board that will help build up Registered Dietitians in Indiana?

Aid in increasing participation on the board

Agreement and Signature

By submitting this application, I affirm that the facts set forth in it are true and complete.

Name	Beth A. Young
Electronic Signature	I understand that typing my name constitutes a legal signature confirming that I acknowledge and agree the facts set forth above are true and complete.
Date	11/23/2025

Our Policy

It is the policy of this organization to provide equal opportunities without regard to race, color, religion, national origin, gender, sexual preference, age, or disability.

When completed, please send it to Jenni Browning (Nominating Committee Chair) at browning@winnersdrinkmilk.com. Include a headshot as well with completed nomination form as an attachment. This will be used for the voting ballot.

Thank you for completing this application form and for your interest in volunteering with us.