

Recognized Young Dietitian of the Year (RYDY) Award Criteria

The purpose of the RYDY program is to recognize the competence and activities of younger dietitians in the Academy of Nutrition and Dietetics and to encourage their continued participation in the Academy and their affiliate.

Eligibility & Qualifications

1. Current member of the Academy of Nutrition and Dietetics
2. 35 years of age or younger as of May 1st of award year
3. Is a Registered Dietitian Nutritionist (RDN) in good standing
4. Not a previous recipient of the RYDY award in any state
5. Active participant at the national level, state, or district/region
6. Demonstrated leadership either in the Academy, community, or employment
7. Demonstrated concern for the promotion of optimal health and nutritional status of the population

Scoring Criteria

Total Points Possible: 110 points

Leadership & Active Participation (50 points)

- The Academy of Nutrition and Dietetics elected or appointed positions, including DPGs and MIGs (20 points)
- Indiana Academy of Nutrition and Dietetics state elected or appointed positions (15 points)
- Indiana Academy of Nutrition and Dietetics District or Region elected or appointed positions (10 points)
- Non-Academy nutrition-related leadership in community or employment (5 points)
- Active participation at national, state, district/region level (meetings, conferences, committees, volunteering etc) (10 points)

Promotion of Optimal Health and Nutritional Status of the Population (60 points possible)

- Workshops, presentations, and programs in the community (10 points)
- Publications, media, public relations (10 points)
- Legislation, public policy involvement (10 points)
- Promotion of the profession (10 points)
- Mentoring or serving as a preceptor (10 points)
- Other nutrition-related volunteer activities (10 points)