



Indiana Academy of Nutrition & Dietetics
The New Nutrition: Personalizing Dietetics
 2024 Annual Meeting
 Continuing Education Certificate

Name:

CDR Number:

April 11th, 2024

Precision Nutrition: Recent Advances and Controversies in Genetic Testing		1 CPEU
<u>Breakout Session Option #1</u> A.I. Unleashed: Shaping Dietetics in the Digital Age	<u>Breakout Session Option #2</u> The Farm Bill: Implications for the Food System and Dietetic Practice	1 CPEU
Research Poster Session <i>* Type 180 CPEU Eligible for recertification cycles ending in 2024</i> <i>Type 181 CPEU Eligible for cycles ending in 2025 and beyond</i>		1 CPEU
<u>Breakout Session Option #1</u> Ultra-Processed Foods: Current Challenges and Future Directions	<u>Breakout Session Option #2</u> Refeeding Syndrome Through the Lifecycle	1 CPEU
<u>Breakout Session Option #1</u> Flashtalk Spotlight: Eating Disorders – from ARFID to “Diabulimia”	<u>Breakout Session Option #2</u> Best Practices for Malnutrition Screening to Decrease Malnutrition Risk in Community-dwelling Older Adults	1.5 CPEU
The Role of the RDN in Incorporating Therapeutic Lifestyle Interventions in Chronic Disease Prevention, Treatment, and Remission		1 CPEU
Day 1 Total		6.5 CPEUs

April 12th, 2024

Science to Simple: Making Nutrition Science Accessible and Practical		1 CPEU
<u>Breakout Session Option #1</u> Bone Health: Invest in You	<u>Breakout Session Option #2</u> Foodomics – How Knowing More About What’s In Our Food Will Lead to a New Nutrition	1 CPEU
<u>Breakout Session Option #1</u> Intuitive Eating for the Everyday Athlete	<u>Breakout Session Option #2</u> The Global Malnutrition Composite Score: Improving Health Equity Through a Key Quality Care Measure in Malnutrition	1 CPEU
Understanding the Power of Plant and Animal Source Foods in Sustainable Healthy Diets		1 CPEU
<u>Breakout Session Option #1</u> Veg-abilities – Mushrooms are the Answer!	<u>Breakout Session Option #2</u> Diabetes Update: Collaboration in Action	1 CPEU
Delivering Culturally Appropriate Care: Exercising Cultural Humility in Practice		1 CPEU
Day 2 Total		6 CPEUs

Unless otherwise marked, sessions are:

- Type 170 CPEU Eligible Live for recertification cycles ending in 2024
- Type 172 CPEU Eligible Live for cycles ending in 2025 and beyond

Kate Beard, MA, RDN, CSPCC, LD

IAND Chair of Continuing Education & Posters