

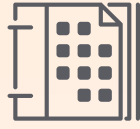
MALNUTRITION: AN OLDER ADULT CRISIS



**UP TO 1 OUT OF 2
OLDER ADULTS**
are at risk for malnutrition¹



\$51.3 BILLION
Estimated annual cost
of disease-associated
malnutrition in older
adults in the US²

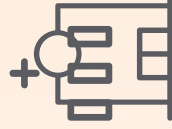


Protein-calorie
malnutrition
related hospital
stays are
2X LONGER³

MALNUTRITION



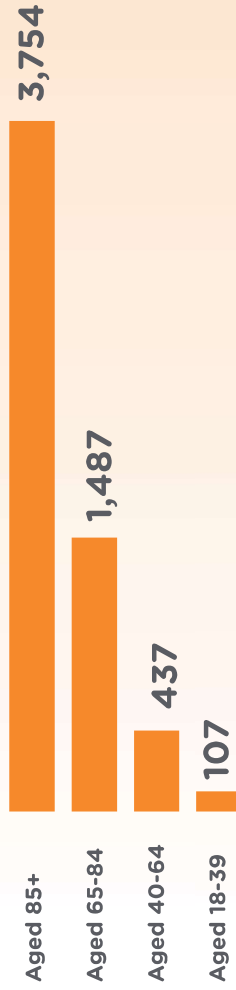
LEADS TO
more complications,
falls, and 30-day
readmissions^{3,4}



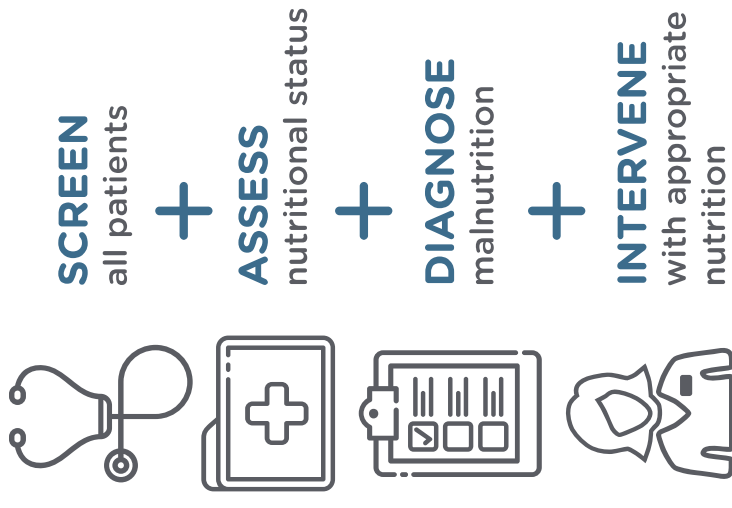
Protein-calorie
malnutrition related
hospital stays are
3X MORE LIKELY
to result in death³

MALNUTRITION IS HIGHEST IN OLDER ADULTS³

Protein-Calorie Malnutrition Related Hospital Stays per 100,000 Population



JUST 4 STEPS CAN HELP IMPROVE OLDER ADULT MALNUTRITION CARE



FOCUSING ON MALNUTRITION IN HEALTHCARE HELPS:

- ✓ Decrease healthcare costs⁵
- ✓ Improve patient outcomes⁵
- ✓ Reduce readmissions
- ✓ Support healthy aging
- ✓ Improve quality of healthcare

Support policies across the healthcare system that defeat older adult malnutrition.

Learn more at www.DefeatMalnutrition.Today

References: 1. Kaiser MJ, et al. *J Am Geriatr Soc.* 2010;58(9):1734-1738. 2. Snider JT, et al. *JPEN J Parenter Enteral Nutr.* 2014;38(2 suppl):775-85S. 3. Barrett ML, Owens PL, U.S. Agency for Healthcare Research and Quality. www.hcup-us.ahrq.gov/reports.jsp. Published 2018. 4. Norman K, et al. *Clin Nutr.* 2008;27(1):5-15. 5. Philipson TJ, et al. *Am J Manag Care.* 2013;19(2):121-128. © Copyright 2019