

Recognized Young Dietitian of the Year (RYDY)

Qualifications

1. Member of the Academy of Nutrition and Dietetics
2. 35 years of age or younger as of May 1st
3. Is a Registered Dietitian (RD) / Registered Dietitian Nutritionist (RDN)
4. Active participant in dietetic associations at the district, state, or national level
5. Demonstrated concern for the promotion of optimal health and nutritional status of the population
6. Demonstrated leadership either in a dietetic association or employment (e.g. legislation, research, education, clinical dietetics, food service management, public relations, career guidance, etc.
7. Not a previous recipient of the RYDY award

Scoring Criteria

Total Points Possible: 100

Objective Criteria (50 points)

Active Participant in Dietetic Association (15 points possible)

- The Academy of Nutrition and Dietetics
- Indiana Academy of Nutrition and Dietetics
- Respective Indiana Academy of Nutrition and Dietetics District or Region
 - Participation in 3 organizations = 15 points
 - Participation in 2 organizations = 10 points
 - Participation in 1 organization = 5 points
 - Participation in 0 organizations = 0 points

Demonstrated Leadership (15 points possible)

- AND, IAND, or IAND district or region
- Other professional organization
- Employment
 - ≥ 3 Leadership positions = 15 points
 - 2 Leadership positions = 10 points
 - 1 Leadership position = 5 points
 - No leadership positions = 0 points

Promotion of Optimal Health and Nutritional Status of the Population (10 points possible)

- Workshops, seminars or other programs that nominee has either implemented or been an integral part of executing
- Publications (books, articles, etc.)
- Media/public relations
 - Involvement in ≥ 2 items of the list = 10 points
 - Involvement in 1 item on the list = 5 points

- No involvement in items on the list = 0 points

Additional Involvements (10 points possible)

- Professional organization outside of AND, IAND, or IAND districts or regions
- Legislation/public policy
- Research
- Volunteer activities including mentoring and/or serving as a preceptor
 - Involvement in ≥ 2 items on the list = 10 points
 - Involvement in 1 item on the list = 5 points
 - No involvement in items on the list = 0 points

Subjective Criteria (50 points total)

Letter of Recommendation (30 points possible)

- Nominator
 - Excellent = 15 points
 - Very Good = 12 points
 - Good = 10 points
 - Fair = 5 points
- Employer or Coworker
 - Excellent = 15 points
 - Very Good = 12 points
 - Good = 10 points
 - Fair = 5 points

Resume and Personal Letter (20 points possible)

- Excellent = 20 points
- Very Good = 16 points
- Good = 12 points
- Fair = 5 points