

# Can Animal Agriculture Save the Planet?



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A world map on a dark blue background with a white grid of latitude and longitude lines. The map highlights two specific regions: South America, which is filled with a texture of golden wheat stalks, and Africa, which is filled with a photograph of two black and white cows in a green field under a blue sky. The text 'Cropland the size of South America' is positioned to the left of the South American region, and 'Pastureland the size of Africa' is positioned to the right of the African region. In the bottom right corner, there is a circular logo featuring a cartoon man with glasses and a suit, set against a yellow background with a sun-like pattern.

*Cropland the size  
of South America*

*Pastureland the size of  
Africa*



# Aral Sea

*70% of fresh water  
used for agriculture*





*Colorado River runs dry*





*25% of all greenhouse gases  
from agriculture*







7.8B  
2020

9.5B  
2050





According to FAO, we need  
**50–60% more food**  
by 2050



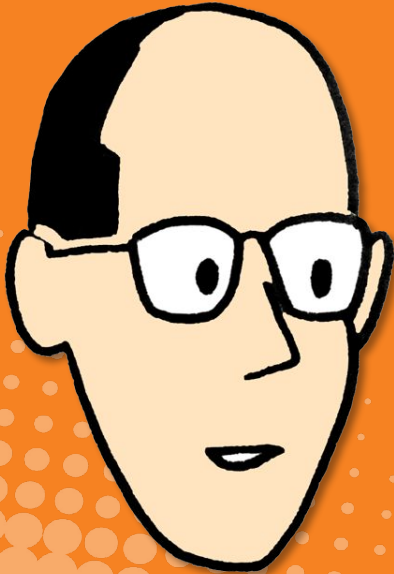


# 800 Million



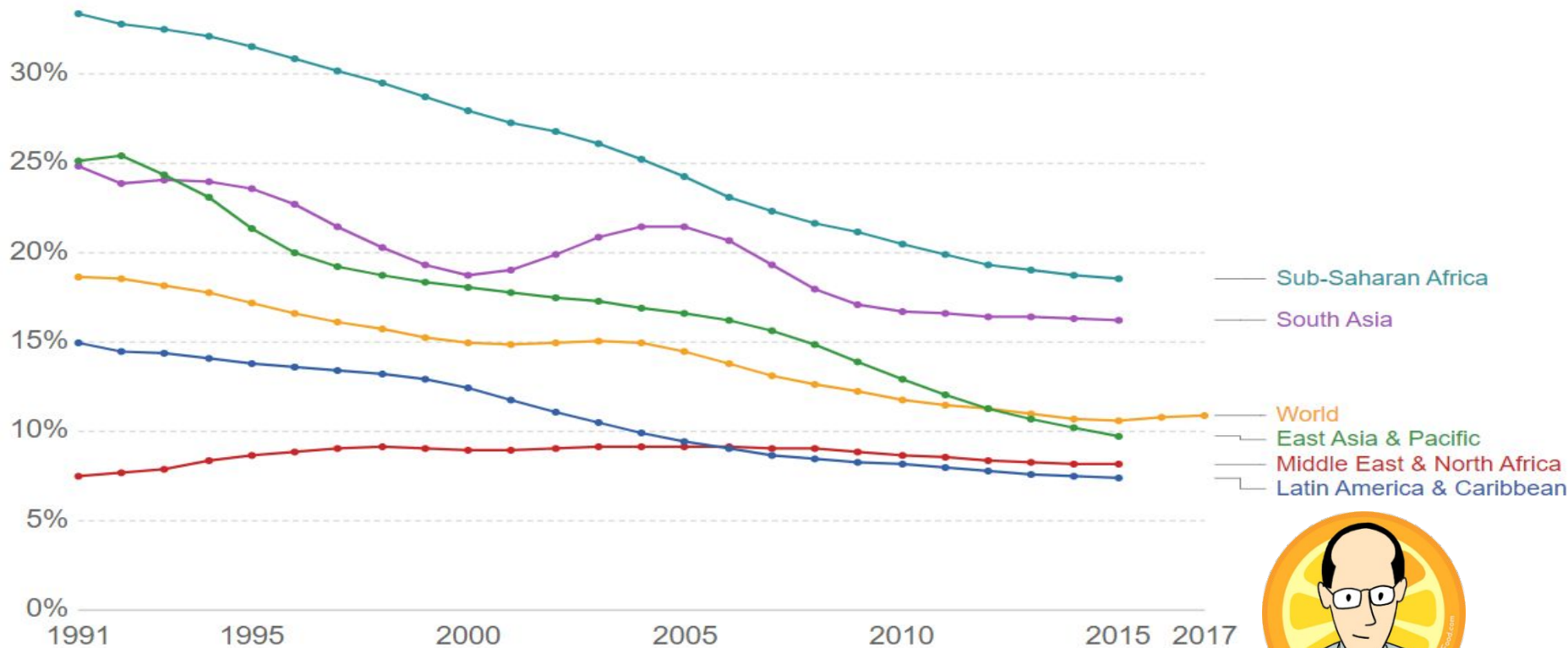


Is our food system  
**broken?**



# Share of the population that is undernourished

This is the main FAO hunger indicator. It measures the share of the population that has a caloric intake which is insufficient to meet the minimum energy requirements necessary for a given individual. Data showing as 5 may signify a prevalence of undernourishment below 5%. Regional aggregations are based on World Bank regions and exclude high-income countries. They may therefore differ from UN FAO regional figures.



Source: UN Food and Agriculture Organization (FAO)

Note: Developed countries are not included in the regional estimates since the prevalence is below 5%.

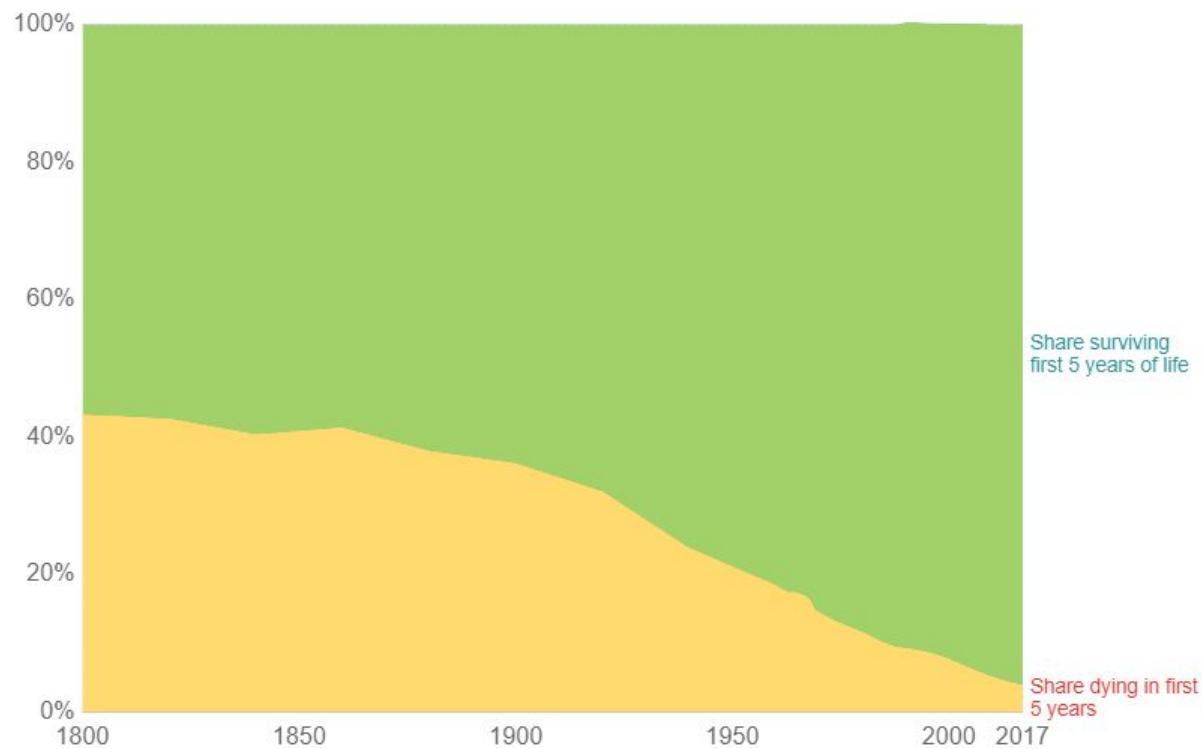




## Global child mortality

Share of the world population dying and surviving the first 5 years of life.

Our World  
in Data



Source: Gapminder and the World Bank

[OurWorldInData.org/a-history-of-global-living-conditions-in-5-charts/](https://OurWorldInData.org/a-history-of-global-living-conditions-in-5-charts/) • CC BY-SA



# Resources Per Bushel of Corn 1980 – 2011

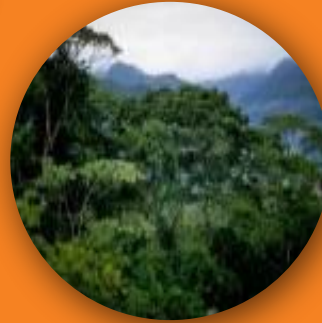
*35% Fewer Greenhouse Gases*



*60% Less Erosion*



*40% Less Land*



*50% Less Water*



*40% Less Energy*





# How do consumers think about **sustainability?**



Organic?

Regenerative?

GMO?



# Local Versus Global



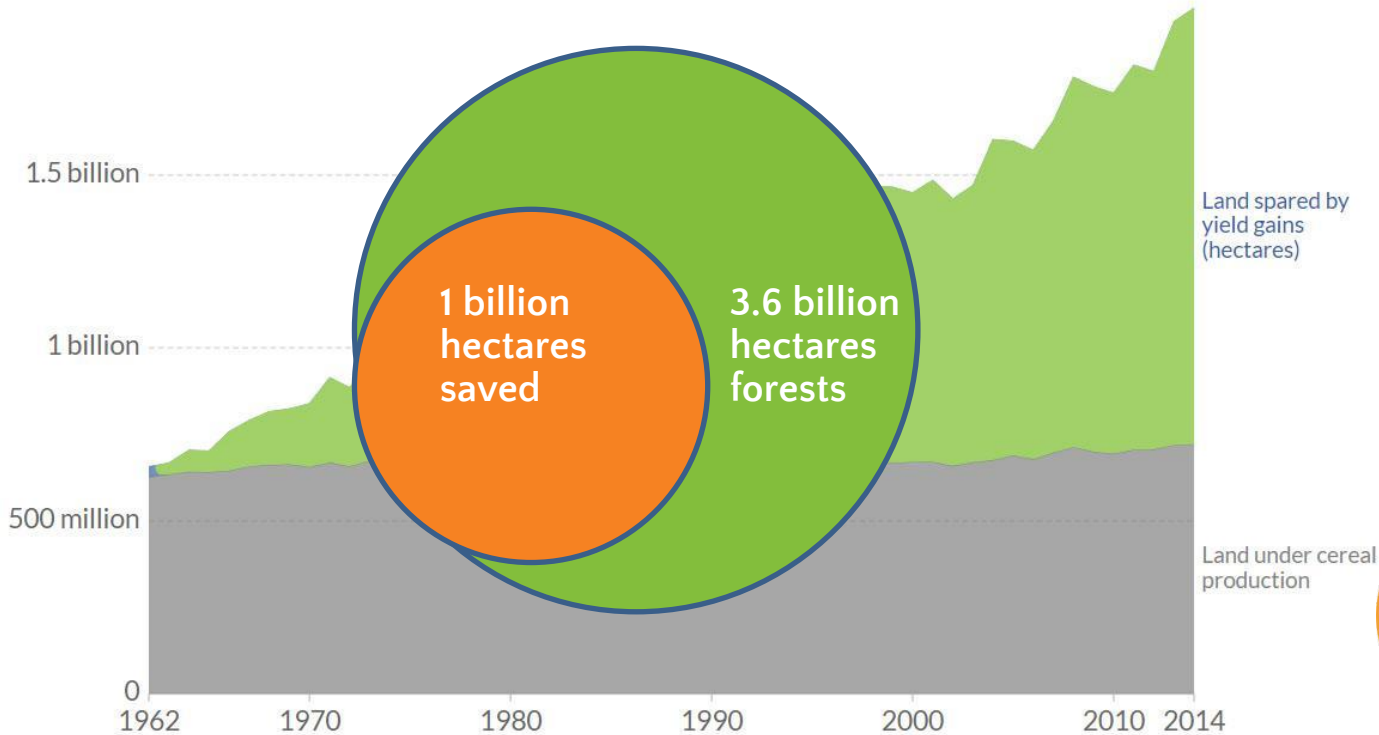


It's really  
about  
tradeoffs

# Global land spared as a result of cereal yield improvements

Our World  
in Data

Global area of land spared from agricultural production as a result of improvements in cereal yield, measured in hectares. This has been calculated as the area of land which would have been necessary to maintain global cereal production at actual output rates, assuming average cereal yields had remained constant since 1961.



Source: OWID based on UN Food and Agriculture Organization



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# Sustainability

is a journey,  
not a destination.





# Obesity

42%  
Today



50%  
2030

# Information



# It's hard!

Survey:  
Which is harder?

**52%**

"Choosing the  
right foods  
to eat healthy"



**48%**

"Doing my taxes"

*Making healthy food choices  
is harder than doing taxes!*



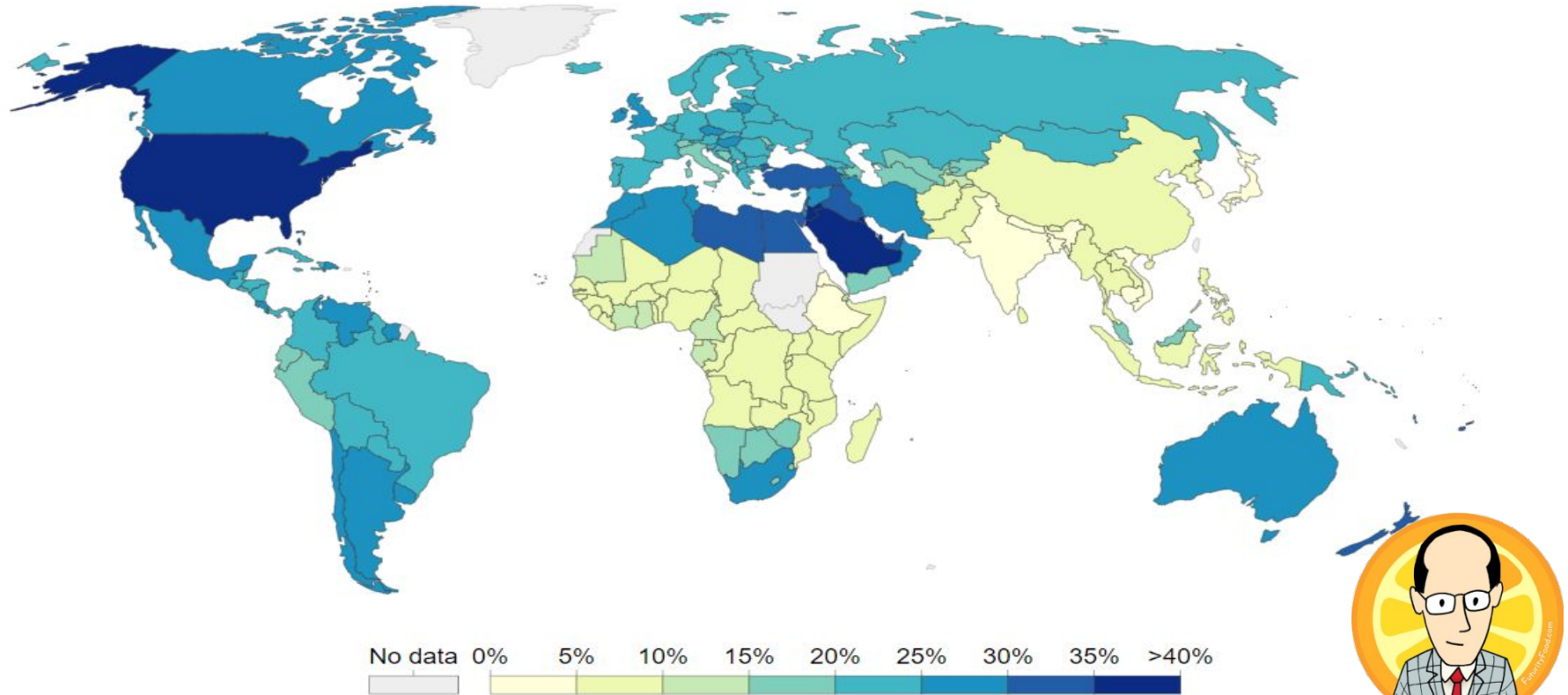




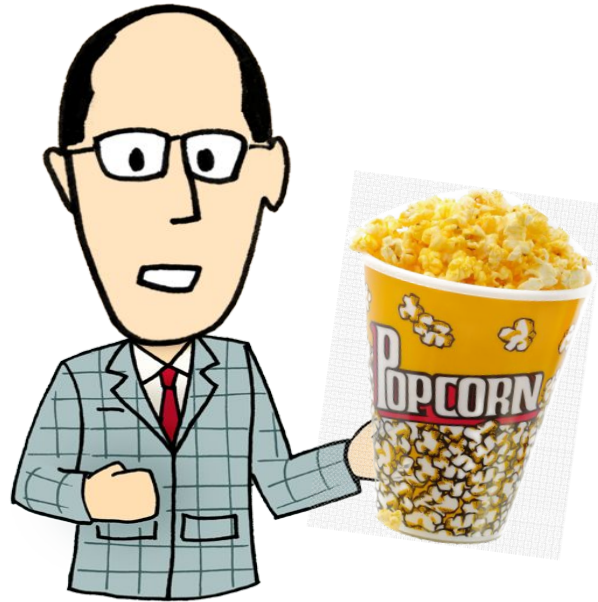
How did we  
get here?

# Share of adults defined as obese, 2016

Percentage of adults aged 18+ years old who are defined as obese based on their body-mass index (BMI). BMI is a person's weight in kilograms (kg) divided by his or her height in metres squared. A BMI greater than or equal to 30 is defined as obese.



# Popcorn





# Portion Size



# Portion Size



# Dietary Guidelines



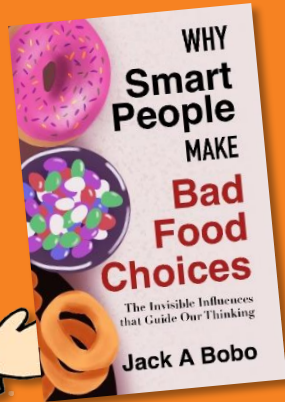


# Labels

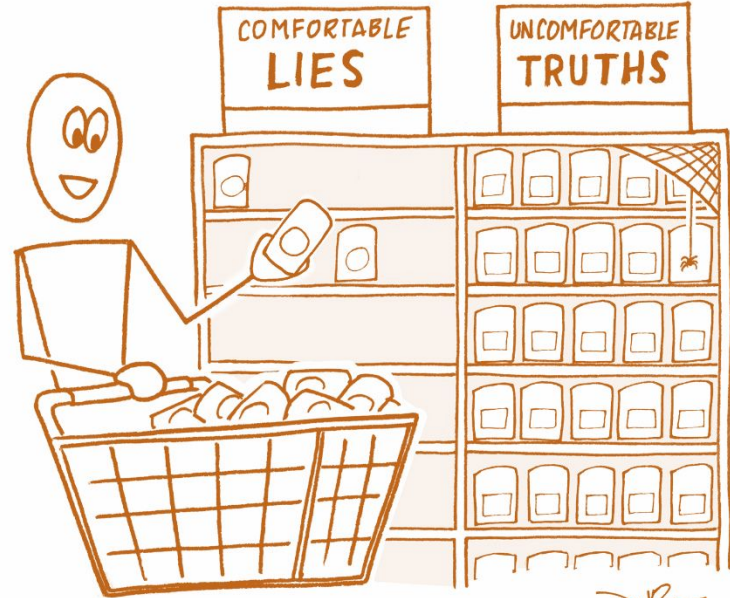


Nutrition Facts	
8 servings per container	
<b>Serving size</b>	<b>2/3 cup (55g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>230</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 37g	<b>13%</b>
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Added Sugars	20%
<b>Protein</b> 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 240mg	6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

# Mental Shortcuts



# Confirmation Bias



# Mental Fatigue

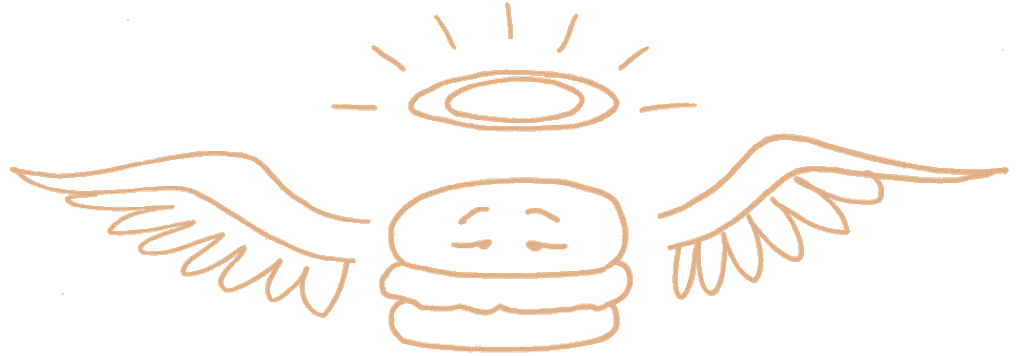


“Decision fatigue in the grocery aisles is not a bug, it’s a feature.”





# The Halo Effect



# Availability Heuristic





What would it take to  
make healthy food  
choices the easy  
choice or the default?

# EAT Lancet Report







**How can we feed a future population of 10 billion people a healthy diet within planetary boundaries?**



**EAT**

#foodcanfixit #EATLancet



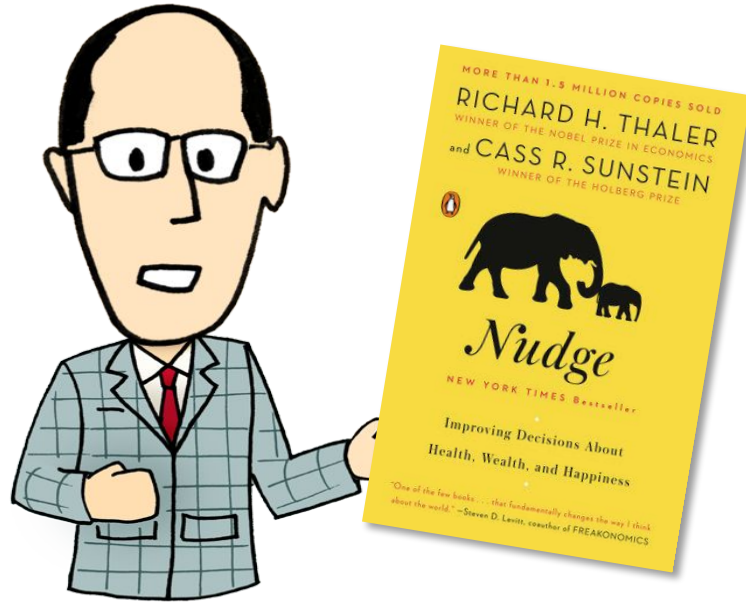
# Cognitive Dissonance



# Reactance Theory



# Nudge





# Googling Food



Michiel Bakker, VP



# Wellville



Esther Dyson



# Collaboration for Healthier Lives



Build programs that are ideally personalized or at least targeted based on consumer insights

Design programs around the specific behaviors, drivers, and barriers of target consumers or consumer groups



Anchor the program in the health objectives set by local authorities

Leverage local expertise and existing resources to make the program fit the local context and fast-track results



Alter the consumer environment so that healthy choices become the default

Go beyond simple awareness and education campaigns; alter the consumer environment to truly generate impact while remaining commercially viable for participants



Ensure impact is measurable, with a clear definition of success

Track program outcomes against clear success criteria agreed upon before the program starts, and measure results on a relative or absolute scale

# Why Now Matters

BILLION

10

9

8

7

6

5

4

3

2

1

1800

1850

1900

1950

2000

2050

2100

7.8

9.5

Opportunity





**The next 30 years**  
will determine the fate  
of the planet



# Thank you!

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