

May 21st, 10:00 – 11:30 am *“Bridging the Gap Between Clinical Nutrition and Intuitive Eating/HAES”*

Speaker: Robyn Nohling, FNP-BC, RD< LDN, MSN



Robyn began her career as a Registered Dietitian, but soon realized she wanted to provide more comprehensive care to women, leading her to Columbia University where she earned both her nursing degrees. Her work as a nurse practitioner spans across urgent care, primary care, an eating disorder hospital and family medicine. Now, both in her RD and NP practice, Robyn specializes in women’s health, using an Intuitive Eating and Health At Every Size approach.

After the arrival of her second baby last July, Robyn stepped back from her NP work at a family practice where she lives in Charlottesville, VA and now provides telehealth care to women and families through the Maven Clinic. She also provides care to women through her private practice that she started eight years ago and enjoys speaking and mentoring in the field of eating disorders and women’s health.